

SOME TRADITIONAL MEDICINAL PLANTS OF KHARDUNGLA AND CHANGLA (LADAKH) USED IN AMCHI MEDICINE

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The present paper is an outcome of the observations made during the Amchi-medico-botanical survey of Khardungla and Changla areas of Ladakh dealing with 21 traditionally used medicinal plants for various diseases and conditions like fever, cold and cough, stomach complaints, septic wound, lung problems, jaundice, rheumatism etc. with a view to provide useful basic information to popularise them among the locals and for their followup scientific evaluations and conservation.

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